

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Amanda  
GELDENHUYS**

Has successfully participated & completed the

**5km Shift Wellness - Winter Wellness Trail Series**

held at Walter Sisulu Garden.

**TIME 00:40:06**

**PACE 08:00/km**

**OVERALL 10 of 41**

**GENDER 6 of 32**

**50 - 59 1 of 9**

21 July 2019, Sun

Date



*BoutTime*

Signature

